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Assam Rifles Conducts Monthly Security Meet

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Keithelmanbi Battalion and Thoubal Battalion of 9 Sector Assam Rifles under the aegis Assam Rifles under the aegis of IGAR (South) conducted monthly security meets at Canchipur and Yaripok Company Operating Bases (COB). The security forums were attended by village Pradhans, ward councilors, members of village youth club, representatives of police and locals of the areas of responsibility of the

respective COBs.

During the meet various aspects concerning security in the area including demarcation of the areas of responsibility for the villages were discussed. There was also an interaction carried out on necessary measures required to be undertaken by locals in synergy with Assam



Rifles for maintaining a strict vigil in the area and action plans to include Yaoshang festival and medical camp were discussed. The village youth were also made aware about the avenues and job opportunities available in Assam Rifles for meritorious sports persons. The locals accentuated the

need of conduct of such

security meetings on a regular basis as it offers them an opportunity for mutual interaction with the Assam Rifles and achieve a sense of belongingness so as to collectively accomplish all goals to bring peace and harmony in the area. The security meet concluded with tea and refreshments for all the

AR Conducts Medical Camp

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A Medical camp for border villages was conducted at Poi village of Ukhrul district by Somsai Battalion of 10 Sector Assam Rifles under the aegis of IGAR (South) on 18th January 2019. The village is located in north of Ukhrul district sharing border with Myanmar. Due to non availability of any medical infrastructure, facilities and remoteness of area, Poi villagers requested Assam Rifles to organise a medical camp for the needy people.

Medical camp at Poi brought

much needed medical assistance at the doorstep of the villagers where more than 365 locals including children were treated by the team of doctors for various ailments and free medicines were also distributed to all.

The aim of the initiative is to



provide free medical treatment and consultation to the remote villages of Ukhrul district where requisite medical facilities are not available due to poor infrastructure along the Indo Myanmar Border. The village Headmen and villagers appreciated the initiative taken by the Assam

Rifles and expressed their heartfelt gratitude for the medical camp at their doorstep. Such camps, if organized regularly, will go a long way in bringing the Rifles closer for sustained peace and prosperity in Manipur.

AR Conducts Friendly Volleyball Match



Keithelmanhi Battalion of 9 Sector Assam Rifles under the aegis of HQ IGAR (South) conducted a friendly volleyball match at Andro Company Operating Base on 17 Jan 2019. The match was played between the team of Thablok Andro Machingpat Mission School of Andro Machingpat village and troops of Assam Rifles to embrace a sense of sportsmanship and fitness amongst locals and further explore the young hidden talents in the area. The match was witnessed by a large audience which included

over 60 locals, students and teachers of the School Both the teams played with Both the teams played with extreme passion and displayed a great sportsmanship spirit. In addition, the attendees were informed about various employment employment various employment opportunities as meritorious sportspersons in the Indian Armed Forces Various aspects concerning security in the area were also discussed.. At the end of the event all were served with tea and refreshments The event provided a forum for the youth of the area for an interaction with the Assam Rifles. The youth appreciated the effort

shown by Assam Rifles to promote sports.

bans Bailley brand packaged drinking water Agency Guwahati Jan 19.

The Government of Assam from January 18 onward has prohibited the manufacture, distribution and sale of

packaged drinking water. For a period of 30 days, in the interest of public health, the production of packaged drinking water has been banned.

The Miraculous Kangen Water

pH 8.0-9.5: This is the PH that people classically use to drink and transform their health but here is a list of its

- To prevent hangovers before going to bed
- Brewing green tea, coffee, English Tea gives it a mild flavor and wonderful color.

Green Tea: Prevents tannins in the tea, gives it a rich color and eliminates the bitter aftertaste

and eliminates the bitter aftertaste Coffee: Improves aroma and color while obtaining a FULL, RICH taste with only HALF the amount of beans normally

- Add to whisky for a smoother, milder flavor: Whiskey is highly acidic but diluting it with Kangen water will help prevent hangovers and make it taste much smoother! The same will occur with Sake, Beer and other spirits
- Preparing SOUPS: Kangen water will draw out the flavor of the soup stock even when little flavoring is used. Its dissolving properties, mentioned
- Add to seasonings and condiments: use 1/3-1/4 the usual amount of soy sauce and other condiments by diluting with Kangen Water
- BLANCHING green vegetables in Kangen Water will preserve their vibrant green colors
- MEATS: If you soak LIVER, MUTTON and other meats with strong odors for 30 minutes it will drain off the blood and reduce the odor
- Heat Conduction: Kangen water boils quicker cutting down on utilities and cooking time
- Watering Plants and Flowers: Use PH 9.0 to extend watering rains and rowers. Ost 17.00 octains the freshness of plants and restore the health of sick plants!!! **** NOTE**** Some plants like Roses and Blueberries favor an ACIDIC environment so dilute their water by 300% Seed Germination: Kangen water stimulates
- germination and improves seedling development. PETS HEALTH: Your animal's health will improve dramatically. Unpleasant body odor will decrease as well as the odor of their feces and urine.
- DYEING CLOTHES AND CRAFTS: vibrant colors are obtained when using Kangen Water
- ANTI-AGING: This water reduces free radicals and has been acclaimed as FREE RADICAL
- 12. EXPONENTIALLY enhance your supplement protocols: The microclustered properties of Kangen water give it the ability to dissolve supplements in your body and carry them to your cells with an uncanny capacity. Anyone who uses or recommends supplements will benefit greatly from the addition of Kangen water. Practitioner's clinical results will be greatly enhanced. pH 4.0-6.5(BEAUTY WATER): women love this water for

its toning and firming of skin 1. Add to Bath Water: keeps your tub free of rings

- and keeps skin beautiful
 For washing your face: astringent properties are
 effective in toning and firming your skin. Pat and leave the skin dry. It is also an excellent toner after shaving Hair Care: Use instead of rinse: Reduces annoying
- tangles and brings out a radiant shine.
 Use in the rinse cycle of your washing machine: soaking in acidic water before the spin cycle will soften your clothes naturally. No more toxic fabric
- PET CARE: Great for grooming your pet: Brush
- with acidic water to obtain a soft and shiny fur. Housecleaning: Remove dirt from hardwood floors, ceramic tiles, without leaving a sticky
- FOR POLISHING: Polish mirrors, eyeglasses,
- glass objects and windows to a high sheen. WASHING DISHES: Dishes and glasses will come
- out sparkling clean.
 FOR REMOVING TANNINS FROM TEA CUPS AND CLEANING BURNT POTS AND PANS: To remove stains, grimes and grease leave it to soak in water for 24 hours.
- For frozen foods: spray foods with acidic water when freezing so that foods like fish and shrimp do not lose their flavor when thawed
- BOILING EGGS: even if the egg cracks during cooking, the egg yolk will not leak out of the shell!! You will also find that eggshells peel off very easily.

 In batter for fried foods: Fried foods will turn out
- nice and crispy, not oily, even when left to sit for extended periods of time. For washing and preparing fruits and vegetable
- containing ANTHOCYANINS: The vibrant colors of cherries, plums, grapes, strawberries, red cabbage, eggplants, asparagus, etc...will not change when washed and prepared with this
- 14. COOKING BEANS: Beans will cook to perfection using this water. Acidic water will speed up cooking time so be sure not to overcook15. BOILING PASTA: Boils pasta to an AL DENTE

pH 11.5 (STRONG KANGEN WATER)

***Strong Kangen Water is not suitable for drinking even though it is a powerhouse of anti-oxidant activity. It contains small amounts of sodium hydroxide making it a powerful cleaning agent. It is the most potent degreaser available and will effectively degrease restaurant grills better than the leading degreaser PURPLE POWER. It is also a



potent disinfectant*

- **Cleaning fruits and vegetables**: This is 11.5PH's greatest use: Today, pesticides are petroleum-based chemicals with high mercury residues that CANNOT be washed off by tar water. On the contrary, when washed with tap water, loaded with chlorine and fluoride, the pesticide will actually ABSORB the chlorine and fluoride INTO the fruit or vegetable. This can be proven by testing your water for chlorine and flouride before and after washing your fruits and vegetables. After washing, your tap water will be TOTALLY free of chlorine and fluoride. Where did it go? It went straight into the fruits and vegetables and the petroleum-based pesticide it is coated with. Take 11.5PH Kangen water and literally watch the petroleum-based residue drip right off. Try this experiment at home. Take pH 11.5 Kangen Water and submerge a bunch of cherry tomatoes in it. Also take tap water and do the same thing. Wait 15 minutes and take the tomatoes out of both waters. Your pH 11.5 water will be filthy dirty with the pesticide residues and your tap water will be as clean as a whistle; MINUS THE CHLORINE AND FLOURIDE. Your pH 11.5 tomatoes will taste delicious while your tap-water washed tomatoes will taste awful. This alone is a reason why you should have a Kangen Water System in your home. Cleaning cutting boards and dishcloths: This is
- due to the potent anti-bacterial properties of the 11.5PH water.

 DISH WASHING: Use less detergent when
- washing. Save on water bills as well as 1/3 to 1/4 of the water usually needed is adequate to rinse off
- Cleaning: Good for cleaning oil and tough grime from vents and general cleaning in the kitchen. Also great for getting out stubborn toilet bowl
- Stain Removal: The extra-strength absorptive powers of this PH will remove coffee stains, soy
- sauce and oil stains with ease. Rinsing Fresh Fish: Will eliminate the strong fishy O. Kinsing Fresh Fish: Will eliminate the strong fishy odor and flavor from fish. Fenderizing meats: The BEST, MOST NATURAL way to tenderize your meats(9.5PH also can accomplish this)

 STRONGACIDIC WATER—pH2-5 KANGEN WATER ***** In the food Industry strong acidic water is regarded as having EXCELLENT disinfecting properties and can be substituted for alcohol and chlorine solutions *****

****In the medical industry it is widely used to prevent the spread of infection(INCLUDING MRSA), general cleaning and washing of hands. For this purpose even Sheraton Hotels Worldwide has instituted the cleaning of its rooms with pH 2.5 water instead of the expensive, deadly, toxic chemicals used today in most hotels and households***

In the agricultural industry, the water has been received with great interest for its role in reducing the amount of agricultural chemicals needed*

****Use as a compress over cuts and wounds to insure rapid healing and prevent infections—can also be used over external tumors by applying for 3-4 weeks

*****Soak diabetic ulcers and gangrenous lesions 15 minutes per evening for two to three weeks to see miraculous results of these lesions disappearing****

As you can see the miracles and uses of Kangen water are extensive and can save people from tremendous amounts of suffering and pain. It also has a MYRIAD of household uses that can save someone countless dollars annually.

One out of SIX households in Japan has this technology for obvious reasons. It has been in India for only

1 years and in Lamka, Churachandpur (Manipur) only 1 month. Already becoming a household name even though very few people have yet to truly understand what it is capable of.

To own a Kangen water unit is not that difficult to achieve. The price for a unit is Rs 2,77000.00 and comes with a 5 year warranty—though units typically last up to 20-25 years. You also become an automatic distributor of the machine so you can sell this amazing machine to friends and family and change their lives forever and for the better. With Kangen Water being so new in this country the business opportunities alone with this machine are enormous as the machine sells itself because of its amazing healing properties and household uses. If you are interested in a Kangen Water System contact us at the phone number or email below. We will be happy to answer any questions you may have.